

# distyNotruf

The life guard on the arm.



Emergency button for your cordless Phone!

## Operation manual

This document is based on the German edition “Disty Notruf Bedienungsanleitung”, version 3/2017.

Certified Product.

Made in Germany



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**distyNotruf**, Operation manual (short form)

## **Congratulations!**

**With distyNotruf you have purchased a DECT/GAP - Telephone that you use by simply pressing a button.**

**distyNotruf is the direct connection to your confidants.**

You decide with whom you speak directly in an emergency situation.

Up to 5 telephone numbers can be stored.

First, the **distyNotruf** has to be subscribed with your DECT -phone (see page 6).

**distyNotruf** dials automatically the first of the programmed phone numbers after pressing the alarm button for 1 second. Then you can speak directly. The called party confirms the call by sending a "#" key from his phone.

If this is not done, because the recipient is not available, busy or an answering machine is taking the call, then **distyNotruf** dials automatically the next stored number. This procedure will continue as long until the emergency call is picked up by a person and is confirmed.

## **distyNotruf as a telephone with hands-free function**

You can also use **distyNotruf** as a telephone.

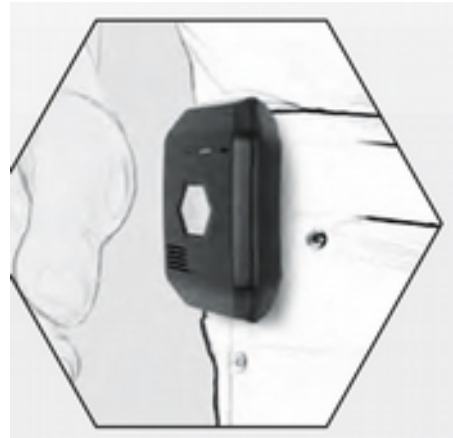
All incoming calls can be picked up with one button. So you are always accessible, from any place in Your home. Even in the garden or cellar you can use **distyNotruf**<sup>1</sup>. \* **distyNotruf** is protected against water spray and can also be used in the shower. Therefor the protection lid on the **distyNotruf** must be closed!

## **Easy storage of phone numbers**

We will take care of configuring your emergency numbers free of charge. Further information see page 7.

## **With a belt clip you can wear the distyNotruf always at your body.**

In case of malaise/ anxiety health problems, attack, falling to the floor, etc., you can immediately communicate by pressing the alarm button.



<sup>1</sup> Up to 50 meters from the DECT – base station in buildings.

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**Package contents**



power Supply & Charging cable

Lanyard/Collar

belt clip



**distyNotruf** with wrist band

operation manual



## **distyNotruf**, Operation manual (short form)

Commissioning

### Charging

The battery of your **distyNotruf** must be fully charged before use (at least 4 hours).

First pull off the sealing lid from the **distyNotruf** and plug in the jack of the cable. Connect the other side of the charging with the power supply and plug it to a wall socket.

**distyNotruf** is fully charged when the red LED has stopped blinking. Replace the protection lid on the **distyNotruf** after disconnecting the cable. This prevents to come dust/dirt/humidity into the plug, which might damage the device on the long run!

### Subscription

Before you can make calls with **distyNotruf**, the device must be paired with the base station of your DECT telephone. This procedure is called subscription.

For this purpose the subscription of your normal DECT telephone activated via the Paging-

Button (see user manual of the DECT telephone). Connect the **distyNotruf** with the charging cable, as described in the chapter above.

Now press and hold the button (10 sec.), until the green LED lights up. Release button within 5 seconds. Now you see the green LED flashing. The **distyNotruf** is looking for a DECT - base station with subscription activated.



A high signal tone sounds from the **distyNotruf** after successful registration.

The enrollment process is complete.

### Store phone numbers

Three methods are available for programming:

1. "First incoming call", 2. via the service telephone/our Hot-line, 3. self-programming.

### "First incoming call" (store an emergency number) (charging cable not plugged)

Ask the person (for example, a relative, a neighbor), whom you want to reach at your fingertips to make a call to your just subscribed **distyNotruf**. Thereby the phone number of the caller (CLIP = *Calling Line Identification Presentation*) is stored as the 1<sup>st</sup>. emergency number. You will recognize the successful saving of the emergency number because the **distyNotruf** releases the connection immediately after answering the call.

In case you do not want to outperform this procedure, you should leave the **distyNotruf** connected to the charging cable. This prevents unwanted storage of an emergency number.

## **Via the service Hot-Line** (store several emergency numbers)

We will gladly program for you free of charge up to five emergency numbers and parameters.

1. Write down the desired phone numbers incl. prefixes, best on the rear of these operating instructions.
2. Press the emergency call button. If your **distyNotruf** is subscribed, it calls our service telephone automatically<sup>2</sup>.
3. Tell us the recorded numbers one after the other.
4. After that, we program your desired settings. **Important:** The telephone connection must not be interrupted!
5. Ready

## **Self-programming**

This is done by calling the **distyNotruf** e.g. from your mobile phone/cell phone and establish a connection.

To avoid malfunction, caused by of audio feedback, the **distyNotruf** should not be in the same room as the calling device!

Dial the code & numbers as outlined on the last page of this operating manual. Repeat this procedure for each emergency number.

**distyNotruf is now ready for operation!**

<sup>2</sup> Works in Germany. Please see last page of this manual!



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For safety reasons you should check the entered numbers: Press the emergency call button. Your **distyNotruf** now dials all the stored numbers in subsequent order. If you are unclear, call us at the Hot-Line with your normal telephone.

### Functionality

#### Making a direct call



Press the alarm button for at least 1 second. **distyNotruf** dials the first of the stored phone numbers. The red LED blinks and indicates that the establishment of the connection has started.

### Chain of alarm calls/Alarm acknowledgment

The call must be acknowledged/confirmed by pressing the "#" key on her/his telephone. The called party is prompted by a voice message for confirmation. If the emergency call is not confirmed by the called person within 20 seconds<sup>3</sup>, **distyNotruf** releases this call and automatically selects the second telephone number and, in the case of non-acceptance, the next stored telephone number. This will be repeated until a personal voice connection has been established to one of your trusted persons.

#### Cancel a Direct Call/ Alarm

If you accidentally triggered an alarm, simply press the alarm button again for 1 second.

#### Note:

'#' (= hash) In order to acknowledge your alarm call, the recipients of your call must enter this key (This prevents that the alarm is taken by an answering machine or mailbox). Please tell your call partners!

<sup>3</sup> Time depends on factory settings!

## Take calls

All incoming calls can be picked comfortably via the button. An incoming call is signaled at the **distyNotruf** by the green flashing LED and by beep sounds.

## Range warning

The **distyNotruf** will give a warning tone, if you are at the limit of the coverage area of your DECT phone.

## Volume

The volume of the loudspeaker can be adjusted. To do this, call the our service Hot-Line.



Integrated microphone and light-emitting diodes



Integrated loudspeaker



button for alarm and call acceptance

## **Troubleshooting**

If I press the alarm button to trigger an alarm, nothing happens.

- Check whether the red LED blinks with a cycle of one second. Then your **distyNotruf** is not in the coverage area of your DECT phone. Note that you must be within the range of the base station/ max. Range: 50 m.

- Check whether **distyNotruf** is sufficiently charged. I can make an alarm call, but do not get a voice connection.

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- **Note** that **distyNotruf** is located in the reception area of the base station (up to 50 m in the building and up to 300 m outdoors).
- Whether **distyNotruf** is sufficiently charged.
- May be, that there is currently a telephone network fault. If you do not get a connection with your normal telephone, then there is fault in the telephone network present.



Mode Charging	Indication to user (Light/Sound)
Just connecting with the charging cable	Signal tone, red LED lights up once
Connected with the charging cable	Red LED flashes during the charging process and goes off when the charging is completed (flashing once per second)



Mode	Indication to user (Light/Sound)
Low battery	Red LED flashes every 30 seconds, signal beeps
Subscribed & registered/ Stand-by mode	Green LED flashes once every 10 seconds
Subscribed, outside of DECT -coverage area	Red LED blinks with once second cycle
DECT connection	Green LED lit
Alarm/ button pressed	Red LED flashing fast
Incoming call	Green LED flashing, Signal tone once
Range warning	Red LED flashes fast, Signal tone

## How to wear the **distyNotruf**

The **distyNotruf** can be worn on the body in three different ways:

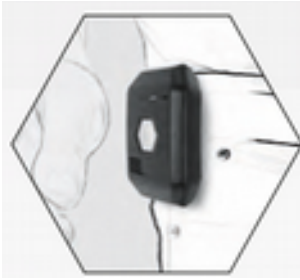


### Option 1: Attaching the **distyNotruf** to the wrist.

The bracelet is already pre-assembled on the factory side. The **distyNotruf** must be placed on the arm in such a way that the charging socket/protection lid points towards the body. The shorter end of the bracelet should be pulled through the opening of the other half of the bracelet and tightened according to the arm thickness. The two pins of the closure piece must be firmly pressed into the opposite holes.

For a disassembly of the wrist band, one presses the spring pin from the outside of the bore with a needle or an office clip so that it can be compressed and removed from the bore. The pre-assembled bracelet can be replaced by a standard 22 mm watchstrap.





**Option 2: Attach the clip to the belt.**

Removing the spring clip (see paragraph for option 1) Remove the spring pins from the bracelet and insert a spring pin on the side of the charging jack. Press the inner part of the clip down to the bottom of the clip and slide this tongue under the mounted spring pin. Next, insert the spring pin into the clip. Move the clip into the approximate end position while inserting one side of the spring pin into the hole provided for this purpose. Press the second side of the spring pin towards the clip while holding the clip and press it into the final position.



**Option 3: Fasten with the collar/Lanyard.**

Firstly mount the belt clip as described above. Insert the neckband under the outer flap.

## **Technical data**

- DECT-GAP, EN 300 444
- Compatible with all consumer DECT / GAP base stations/ telephones
- Compatible with all professional DECT systems
- Compatible with FRITZ! Box and Speedport Neo
- Protection class IP65
- Loudspeaker
- Microphone
- Stand-by: > 120 hours
- talk time: > 4 hours
- interface for charging and programming
- LED for operation indication (2-color)
- button for emergency call and operation
- lithium-ion battery, Capacity: 450 mAh
- Operating temperature: 10 ° C to + 35 ° C (when charging)
- Storage temperature: -10 ° C to + 60 ° C
- Plastic housing, 56 x 42 x 14 mm
- Weight approx. 29 g



### **Reset to factory settings**

The settings you have made can be reset to the delivery condition. The programmed emergency numbers are retained. To do this, please follow the steps below (**distyNotruf** must be subscribed):

- connect the **distyNotruf** to the charging cable, the red LED will light up
- immediately after putting **distyNotruf** into charging mode, press & hold the alarm button for 10 seconds
- the green LED goes on
- release the alarm button before the LED goes out (5 sec. Time)
- a 450 Hz tone is heard and the red LED goes on & off after a while
- disconnect **distyNotruf** from the charging cable
- **distyNotruf** goes into "Power down" mode and switches off
- now it is un – subscribed and configured to the factory settings.

## Safety information

Please take note of the following safety instructions and check the contents of the packaging before using it for the first time.

1. **distyNotruf** is intended for communication in a DECT installation.
2. Please keep this manual in a safe place.
3. Clean only with a damp cloth.
4. Do not use the device in extreme environmental conditions.
5. **distyNotruf** is protected against splashing water and can be used in the shower. Do not immerse in water.
6. Never hold the device directly to the ear! The sound pressure of the loudspeaker could affect your hearing.
7. Use only the supplied power supply & cable for charging. Replace the protection lid on the **distyNotruf** after disconnecting the cable.
8. The device is operated with a lithium-ion battery. Charge your **distyNotruf** regularly and completely.
9. Do not attempt to disassemble or repair the unit. All maintenance and repair work must be carried out by well trained and qualified personnel.
10. Caution Risk of explosion if the battery is not replaced correctly. Disposal of used batteries according to instructions.

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### **Declaration of conformity**

We, disty communications GmbH, declare that **distyNotruf** complies with the essential requirements and other relevant provisions of Directive 1999/5 / EU (Radio and Telecommunications Terminal Equipment, R & TTE). The conformity is confirmed by the CE mark.

The complete declaration of conformity can be found on our website: [www.disty.de](http://www.disty.de)

Professional users can find further information in the download area at [www.disty.de](http://www.disty.de)



Further information and contact possibilities can be found at: [www.disty.de](http://www.disty.de)

**Hot-line: 04 31 · 3 64 58 22**

Mo. - Fr. from 9.00 am - 4.30 pm (except for bank holidays)

## For your personal overview

Stored phone numbers:

	Name	Keys <sup>4</sup>	Phone number	Key
1		** 92		#
2		** 961		#
3		** 962		#
4		** 963		#
5		** 964		#

Subject to change without notice!



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[www.disty.de](http://www.disty.de)

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4 Key combination for self-programming